



### About NOF

Established in 1984, the National Osteoporosis Foundation is committed to educating the public and health professionals about osteoporosis and its prevention and to improving the quality of care for those suffering from this debilitating disease. NOF serves as the voice and source of strength for the more than 54 million Americans affected by osteoporosis and low bone density.

### NOF Resources

NOF helps to ensure that no patient, family member or caregiver feels alone or overwhelmed by the diagnosis of osteoporosis or the effects of the disease. To support those with osteoporosis or looking to learn more about the disease, NOF offers:

- An Online Support Community (<http://www.inspire.com/groups/national-osteoporosis-foundation>) with more than 25,000 participating members offering peer-to-peer support and advice to one another on a daily basis;
- NOF.org, our website offering information to help you learn about osteoporosis, live with the condition and connect with others for support and to make a difference in the fight against osteoporosis;
- A network of small Support Groups where those affected by osteoporosis can learn more about osteoporosis and how to live with the disease directly from those in similar situations. A listing is available at [www.nof.org](http://www.nof.org).

### NOF Initiatives

- Fracture Liaison Service (FLS) Model of Care training program for healthcare professionals. FLS programs coordinate post-fracture care through a FLS coordinator (a nurse practitioner, physician's assistant, nurse or other health professional) who ensures that individuals who suffer a fracture receive appropriate diagnosis, treatment and support. NOF is the educational partner for training FLS coordinators and helping healthcare professionals to establish an FLS program.
- Break Free from Osteoporosis – our national consumer awareness campaign launched in May 2013 for National Osteoporosis Month. Through educational programs, media relations, spokespeople and more, NOF is encouraging the public to assess their risk factors and make the lifestyle changes needed to prevent osteoporosis.
- Interdisciplinary Symposium on Osteoporosis – NOF's annual meeting and educational symposium for healthcare professionals, educators and industry professionals. The next ISO will take May 12-15, 2016 in Miami, FL For more information visit [www.nof-iso.org](http://www.nof-iso.org).

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